



MÉTIS NATION OF GREATER VICTORIA COMMUNITY UPDATE- April 2015:

Potluck 15 April 2015

Our guest speaker for this month potluck is Fiona Devereaux.

Fiona is an aboriginal health nutritionist who works to improve food security in Aboriginal communities in the South Island by:

- Supporting Community Food Projects such as traditional food programs, Garden Creation Projects, community kitchens, youth programs and health events
- Building capacity by linking communities with knowledge keepers
- Acting as nutrition resource for community health workers and community members
- Providing links to funding and helping to create community networks
- Advocating for the health of Aboriginal people and communities
- Linking communities to health services

She is also trained in harvesting foods and will show some seeds and berries we can harvest on our own, so we get a 2 for 1 demonstration/speaker

Come out and join us for the final Honour Your Health challenge .We would appreciate any feedback you have about how this challenge has affect you as there is a proposal report required after the challenge is completed. Your feedback is what helps our community to continue receiving such grants.

We ask that you bring your own cutlery and dishes to help keep reduce the use of foam, plastic or paper disposable items.

If you are attending the potluck we ask:

That you park only on the sports field side of the parking lot or on the street,

That you please enter and exit the Friendship Centre from the **middle door off the parking lot and,**

That you do not wander in the halls of the Centre. There are other groups using the facility as well and we do not want to disturb them .

The potluck is held in the gym at the far end of that corridor

As a Reminder: If possible, please label your dishes for the benefit of those with food sensitivities.

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From MNBC Employment and Training Office

I have a couple scholarships that have come across my desk and I would like to share to community. So many Scholarships and Bursaries go unclaimed each year and I am hopeful that we can correct this by Networking & getting the word out to the youth. If anyone needs help with one of these they can certainly call our office for assistance.

Sports

http://bcsportshalloffame.com/assets/397/2015_JFYSA_application.pdf

Technology

<http://www.animikii.com/youth>

Arts

https://www.bcartscouncil.ca/guidelines/artists/youth/scholarship_awards.html

Woman

<https://theminervafoundation.com/lead/combining-our-strength/awards-for-aboriginal-students/>

General

<http://www.ikbbc.ca/web/aboriginal>

Nursing

<http://www.canadapost.ca/cpo/mc/aboutus/community/aborignaleducation/default.jsf>

Resource Management

<http://www.wahnapitaefirstnation.com/community/j-michael-waldram-memorial-model-forest-fellowship.html>

Thanks

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Recycle Fund Raiser event

Community members are needed to help with this monthly event. We are looking for help to sort recyclables on Saturday 11 April from 9 am until noon. The recycle location is behind the Archie Browning Arena. Please let the office know if you are able to help.

Contact MÉTIS NATION OF GREATER
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