



## MÉTIS NATION OF GREATER VICTORIA COMMUNITY UPDATE-July- 2013:

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**Our next MNGV Community POTLUCK is taking place Wednesday the 17th July in the Gym of the Victoria Native Friendship Centre, commencing at 5:30 pm.**

THIS POTLUCK WILL INCLUDE THE ANNUAL GENERAL MEETING AND THE ELECTION OF OFFICERS FOR THE NEXT YEAR. If you are interested in serving on the MNGV Board or if you have any questions please let the office know at 250 380 6070 or by email at [mngv@telus.net](mailto:mngv@telus.net).

We are also planning a loonie toonie draw at this potluck to help with the picnic being planned instead of a potluck in August. If you have any items to donate to the draw thank you they are most appreciated.

We ask that you bring your own cutlery and dishes to help keep reduce the use of foam, plastic or paper disposable items.

**IF YOU ARE ATTENDING THE POTLUCK WE ASK:**

**THAT YOU PARK ONLY ON THE SPORTS FIELD SIDE OF THE PARKING LOT OR ON THE STREET.**

**THAT YOU PLEASE ENTER AND EXIT THE FRIENDSHIP CENTRE FROM THE LOWER DOOR OFF THE PARKING LOT AND**

**THAT YOU DO NOT WANDER IN THE HALLS OF THE CENTRE. THERE ARE OTHER GROUPS AND WE DO NOT WANT TO DISTURB THEM.**

The potluck is held in the gym at the far end of that corridor.

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PICNIC

In Lieu of a POTLUCK in August, MNGV will be holding a community picnic

The Esquimalt Gorge Park has been booked for Sat. Aug.24th from noon to 3 pm. More info to follow.

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CONGRATULATIONS TO ALL OF YOU WHO HAVE GRADUATED FROM UNIVERSITY, COLLEGE, HIGH SCHOOL AND ANY OTHER ACADEMIC INSTITUTION.

CONGRATS TO THOSE WHO HAVE ALSO ADVANCED FROM ONE LEVEL OF ACHIEVEMENT TO ANOTHER

We are proud of you Niki, Carol, Caitlin and all of you whose names I do not know and wish I did.

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RECYCLE

HELP WOULD BE APPRECIATED ON 13 July. THAT IS WHEN OUR NEXT RECYCLE FUNDRAISER TAKES PLACE BETWEEN 9 AND NOON UNDER THE WHITE AWNINGS AT THE BACK OF THE PARKING LOT AT ARCHIE BROWNING ARENA IN ESQUIMALT. PLEASE LET THE MNGV OFFICE KNOW IF YOU ARE ABLE TO HELP. THANK YOU

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# from BC Association of Aboriginal Friendship Centres

It is time to end violence towards Aboriginal women and children and we are asking for your help.

The following video was created by Aboriginal Youth and Elders at the Gathering Our Voices (GOV) Aboriginal Youth Conference in British Columbia.

It is their way of sharing their vision of ending violence towards Aboriginal women and children. It is a message of Love, Healing, and Hope.

Please help us to spread this important message by sharing this link with your co-workers, friends, and family.

Thank you for taking action and being part of the solution.

Ending Violence Youtube Video

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Métis Nation Greater Victoria and Mid Island Métis Nation youth teamed up together for a video about youth experience with Institutionalized Racism.

Watch the YouTube video [Breaking through Structural Violence: Métis 101](#)

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MNBC is now on Face book.

*Do you want to receive daily updates and information on MNBC and upcoming events?*

Join MNBC as a mail subscriber: Go to the MNBC homepage and click on “MNBC Mail Subscriber” and you will automatically begin to receive your mail directly to your inbox.

*Are you a Métis Citizen who owns a business and you would like to promote it on MNBC’s website?*

If you would like MNBC to post your business on their business directory, send your electronic business card or brochure to [traceyt@mnbca.ca](mailto:traceyt@mnbca.ca) and your information will be posted accordingly.

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Don't forget to check [www.metisnation.ca](http://www.metisnation.ca) for updates, feature stories, videos and resource materials.

You can also follow the MNC on:  
Twitter: @MNC\_Tweets  
Facebook: Métis National Council  
YouTube Channel: Métis National Council

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Contact MÉTIS NATION OF GREATER  
VICTORIA: [MNGV@TELUS.NET](mailto:MNGV@TELUS.NET) OR 250 380  
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